



Mega Hoops

Mega Hoops is Ontario Basketball's flagship community program designed to teach fundamental movement and basic basketball skills while developing physical literacy in young athletes. **The program is two-fold: Mega Hoops provides curriculum to teachers and also allows schools to request that OBA clinicians deliver programming through gym classes or special events.** The program provides age- and stage-appropriate instruction in line with Sport 4 Life's Long Term Athlete Development Model (LTAD) principles. Just like children need to learn to read and write, they also need to learn to move with competence and confidence across a variety of environments, giving them the tools required to be active for life. **Physical literacy is essential to building happy, healthy, and well-rounded students and citizens – join us!**

Program Details

Curriculum:

- Aligned with Long Term Athlete Development (LTAD) and Sport for Life (S4L) principles
- The program is designed for Active Start (0-6), FUNdamentals (6-9) and Learn to Train (9-12) age groups
- Mega Hoops provides a series of lesson plans for teachers developed by leading Sport 4 Life (S4L) experts to help build physical literacy
- Schools can also request to have fun skills, drills, and games led by experienced, energetic, trained OBA basketball clinicians to engage students and peak interest in basketball (generally run through gym classes)

Cost:

- Based on the ability of the school/students to pay. A cost estimate will be sent once the registration form is completed.

Process:

- If you would like to have Mega Hoops programming in your school—or if you just want more information!—please contact **Bess Lennox** (blennox@basketball.on.ca).
- Interested schools will be asked to fill out the registration form below with specific information pertaining to cost (if any), available dates, and possible t-shirt and basketball distribution.



Mega Hoops Program Delivery Request Form

Contact Information

Contact Name: _____

Contact Title: _____

Contact E-mail: _____

Contact Phone: _____

School Information

School Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Program Information

Mega Hoops Date(s) Requested: ____ / ____ / ____ ____ / ____ / ____

Grades (JK – Gr. 8): _____

Length of each session (Sessions usually take place during gym class): _____

***Please attach a schedule of classes for the Mega Hoops clinic(s).**

Anticipated number of participants per session: _____

Do you require Ontario Basketball to bring basketballs? If yes, how many? (Every child needs a ball): _____

Any special requests? _____

Cost (If your school is able to pay for programming)

Return Mileage (from 55 Gordon Street Whitby, ON L1N 0J2 to school) ____ × \$0.45/km × # of visits ____ = \$ ____

Spalding Basketballs: \$6/basketball × ____ = \$ ____

Mega Hoops T-Shirts: \$5/t-shirt × ____ = \$ ____

Invoice will be sent when clinic is confirmed

Please return your completed form to Bess Lennox at blennox@basketball.on.ca.